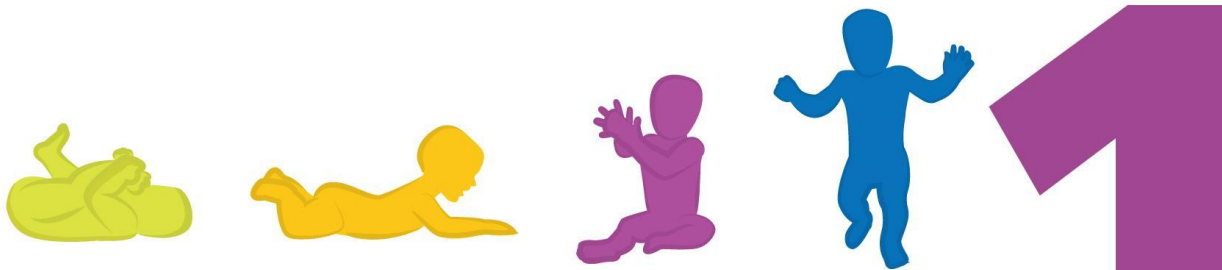


PARENTS VS GRANDPARENTS TRIVIA



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Parents vs. Grandparents Trivia

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Final Jeopardy

Matthew - \$100

- The acronym SIUD is used by the Centers for Disease Control and Prevention to describe this heartbreaking phenomenon.

- What is Sudden Unexpected Infant Death?



Matthew - \$200



- According to the American Academy of Pediatrics, this is the safest place for baby to sleep.
- What is alone in a crib or bassinet?
 - It is recommended that the crib be located in the parent's room, But babies should not sleep in the parent's bed.



Matthew - \$300

- Although once thought to be convenient, on June 28, 2011, the manufacture and sale of this type of crib was prohibited.

- What is a traditional drop-side rail crib?

Drop side cribs posed a strangulation risk for babies and the manufacture and sale is now prohibited.



Benjamin - \$100

- To reduce the risk of Sudden Unexpected Infant Death (SUID) or Sudden Infant Death Syndrome (SIDS) babies should be placed in a crib in this sleeping position.
- What is on their back?
 - Babies should be placed on their backs at night and during nap times to reduce risks of suffocation and SIDS.



Benjamin - \$200

- This type of sack helps eliminate the need for blankets, provides a consistent temperature and insures baby's face remains uncovered to prevent suffocation.

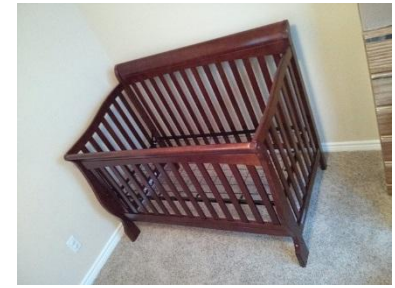


- What is a sleep or sleeper sack?

- Because babies are active little creatures, using a blanket to cover them during sleep may cause their face, nose, or mouth to be covered, causing fresh air to be obstructed.



Benjamin - \$300



- Cribs are great to have for a baby's room. But when selecting a crib it is important to avoid cribs that:
 - Have a poorly-fitting mattress ?
 - Have slats wider than 2 3/8 inches apart or size of a 12 ounce soda can?
 - Have cut out decorative shapes in the crib's head or foot panels?



Ruth - \$100



- Maintaining a healthy lifestyle during pregnancy is important. Expectant moms can make sure their baby has a healthy start by doing these 3 things.
- What are:
 - Maintain regular prenatal visits?
 - Avoid smoking, recreational drugs and alcohol?
 - Maintain a healthy diet?
 - Engage in light to moderate physical activity?*

*If approved by your health care provider

* Talk to your health care provider about your prescription medications



Ruth - \$200

- These 3 things can increase a baby's risk of SIDS.
- What are:
 - Placing baby to sleep on his or her stomach or side?
 - Smoking around a baby?
 - Placing pillows, blankets, bumpers or soft toys in a baby's crib?



Ruth - \$300

- Children should be moved out of their crib when they start to climb out or when they are this tall.
- What is 35 inches tall?



David - \$100

- Mobiles over a baby's crib, how cute! To avoid strangulation risks to baby you should do these two things.
- What is:
 - Hang mobiles/toys out of reach of baby?
 - Remove mobiles/toys by the time baby begins to push up on hands and knees or is five months old?



David - \$200

- True or false, babies are at risk of choking when sleeping on their backs.

- What is False?
 - Babies are not at risk for choking when sleeping on their backs, as they automatically swallow or cough up fluids. Physicians have not found that choking or other problems occur in healthy babies who sleep on their backs during nap time and at night.



David - \$300

- Bassinets can be nice to use for the first few months of a baby's life. When choosing a bassinet, parents should be sure to do these 2 things.
- What are:
 - Make sure the bassinet has a sturdy bottom and stable base?
 - Follow the manufacturer's instructions regarding height and weight restrictions?
 - Check bolts and screws periodically to ensure they're tight?



Elizabeth - \$100

- To avoid the risk of strangulation, you should never place a crib or bassinette here.



- What is near cords from window blinds or drapery?



Elizabeth - \$200

- True or false, smoking is not advised during pregnancy and smoking around infants is harmful to their health.
- What is True?
 - Mothers who smoke during pregnancy may put their newborns at risk for SIDS. Exposure to passive smoke from smoking parents or others in the household doubles a baby's risk of SIDS. Experts say components of smoke may interfere with the infants developing lungs and nervous system, and possibly disrupt an infant's ability to wake from sleep.



Elizabeth - \$300

- They may be pretty, but when making a baby's crib, one should avoid these 4 things to reduce suffocation risks.
- What are
 - Pillows
 - Blankets
 - Bumper pads
 - Stuffed animals



Final Jeopardy!



- It's a dirty job, but somebody's got to do it. On average a child will go through this many diapers from birth to being potty trained?
(The team with the closest answer wins)
- What is 7,000 to 9,000 diapers

